

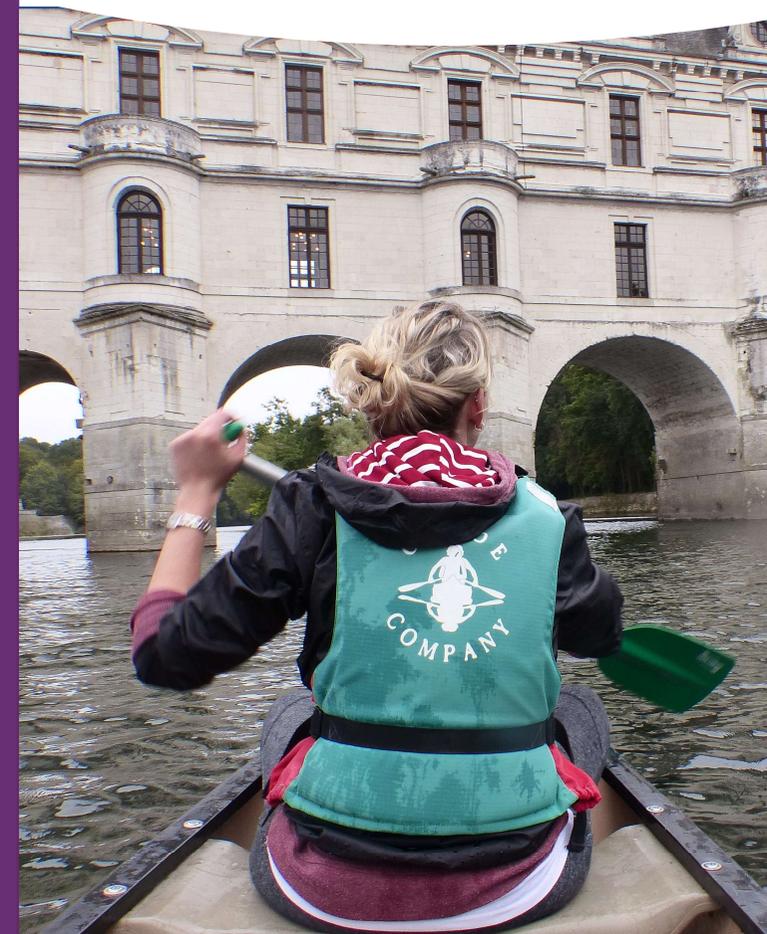


**YOUTH FOR UNDERSTANDING  
CZECH REPUBLIC**

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**YOUTH FOR UNDERSTANDING  
Czech Republic**





just keep  
moving

Exchange is an experience unlike any other. Move to another country for a year and experience the culture up close, while living with a host family and visiting a local high school. While being completely immersed, it will enhance global understanding by deepening the appreciation for other cultures and customs.

YFU Czech Republic offers you the possibility to spend your year abroad being active while practicing your sport in one of 315 official sports clubs all over the country. Whether it's swimming, football, climbing, dancing – YFU will try to find a club and program for your needs.

## sports in Czech Republic

Located in Central Europe, surrounded by mountains, Czech Republic is the ideal place for winter sports. Almost every Czech family takes time in the winter to ski or snowboard in the mountains.

The national sport is ice hockey. Czechia ranks #5 on the international scoreboard and one of the best players ever, Jaromír Jagr, is Czech.

Czech people are quite an active bunch and practice a varieties of sports in their free time. Especially popular is the Czech tradition to “go onto the water”, meaning to canoeing in summer.



Youth For Understanding is a volunteer-based global non-profit community **driven by the passion of people**. As a leader in intercultural exchange and educational programs for more than 60 years, YFU has impacted more than 270.000 students – and their host families, schools and networks – and more than 70.000 volunteers.

We aim to enhance the competencies of humans for **understanding and collaboration** – by engaging students and families in exchange and educational experiences throughout their lives. Our vision is to generate **empowered global citizens for a more peaceful and sustainable world**.

The coach and the people there were really there to help me **improve**. They gave me every possible chance to play. The coach let me play in every match. He really helped me with becoming **a better player**.

- Matteo, on exchange 2018/19

